

the brain injury association

A photograph of a woman with blonde hair, wearing a grey t-shirt and a black headband, giving a thumbs-up gesture. She is outdoors, with green trees and a clear blue sky in the background. In the foreground, the head of a golden retriever dog is visible, looking towards the camera.

Headway Annual Review

improving life after brain injury

Key Facts

- Each year, around 1.4 million people attend hospital A&E in the UK following head injury.
- Around 135,000 people will be admitted because of the severity of their injury.
- Approximately half of deaths in people under 40 are due to head injury.
- Head injury accounts for about 30 per cent of traumatic deaths and a higher proportion of long-term disability.
- Men are two to three times more likely to have a brain injury than women. This increases to five times more likely in the 15-29 age range.
- The major causes of head injury are road traffic accidents, falls and accidents at home or at work.
- As many as 75 per cent of mild brain injuries go unreported and unassessed by medical professionals.

Effects

- Physical: loss of co-ordination, muscle rigidity, paralysis, epilepsy, difficulty in speaking, loss of sight, smell or taste, fatigue and sexual problems.
- Cognitive: problems with memory, attention and concentration, low tolerance of noisy or stressful environments, loss of insight and initiative.
- Behaviour and personality: anxiety, depression, loss of motivation, difficulty controlling anger and impulsiveness.
- It is estimated that across the UK there are well over 500,000 people of working age living with permanent disabilities as a result of head injury.
- Life expectancy for brain injury survivors is normal, so people live with the effects for life.
- Initial diagnosis of severity of injury is not a reliable indicator of long-term problems.
- Only 45 per cent of patients with a minor head injury have made a good recovery one year after admission.
- Relationships with family and friends can be placed under immense emotional strain as the person they loved may be irrevocably changed.

(A head injury needs to be diagnosed by a medical professional to be classified as a brain injury.)

Headway the brain injury association

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INVESTOR IN PEOPLE



Registered Charity No: 1025852

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Registered in England No: 2346893

President's Address

As a neuroscientist, my lifelong interest in the brain has centred on individuals. Each brain is different and each brain injury is different, making the subject endlessly fascinating and endlessly challenging. There is no blueprint for brain injury and, consequently, it can be very difficult to understand. All too often, it is a hidden disability.

Thankfully, the past year has seen a significant increase in the public profile of traumatic brain injury and the devastating effects it can have.

The primetime BBC drama, 'Recovery', illustrated very powerfully that it's not only the individual who suffers a brain injury who is affected, but family and friends too.

The horrifying accident sustained by BBC Top Gear's Richard Hammond put the issue on the front page for many people in the UK who had never had reason to consider its impact before.

Other media coverage has highlighted the disparity of services for brain-injured people in the UK, meaning that someone in one part of the country can receive the best care, while the person unfortunate enough to be living elsewhere, will receive inappropriate care, in the worst cases, suffering permanent effects as a result.

This situation highlights the fact that we have a long way to go to fulfil our vision of improving the lives of all those affected by brain injury.

Here, we have gathered the stories of five young individuals who sustained a brain injury, none of whom had any warning of the way their lives would be changed forever in a matter of minutes.

Each of their stories is different and each has had their own challenges and trials to overcome on the long road to recovery. Their continuing battle to live as normal a life as possible, overcoming obstacles that most of us wouldn't know how to tackle, is what inspires us to develop our own services and to campaign for the improvement of statutory services.

These people – and many thousands like them – are at the heart of everything we do. If you read nothing else in this review of Headway's work over the past 12 months, I urge you to read the experiences of these young people and to reflect on their courage and determination. I hope they inspire you to support us in our continuing journey.



Susan Greenfield CBE
(Baroness), President



Chief Executive's Address

As we look back on 2006, we have the opportunity to take stock of what we have achieved. It is clear that whilst we have made significant progress, there is much still to be done.



Headway Swindon

I am pleased to say that our training initiative has flourished in the last year. We have provided training in brain injury issues throughout the UK for staff from our local network and a range of health, social care and other professions. In addition, we have made real progress towards the goal of securing accreditation for our training programme.

Following the most comprehensive consultation ever undertaken by Headway we agreed a set of quality standards. Subsequently local Headway groups have worked tirelessly to implement these and have demonstrated their total commitment to improving the quality of service we offer to survivors, families and carers.



Headway East London

*Headway Cardiff
Head Start*



A few years ago, Headway UK employed one person to provide support to local groups. Today that team consists of nine members of staff with more planned. Regional co-ordinators help the development of new Groups and Branches, provide support to our existing network, spread good practice, help with the implementation of the National Service Framework for Long Term (neurological) Conditions (NSF) and are supporting the implementation of quality standards.

It is no secret that Headway is disappointed with the impact of the NSF. Since its launch in March 2005 progress has been too slow. The reorganisation of PCT's, the current financial problems of health and social care, the failure to set specific targets for implementation and provide ring-fenced funding have all hindered progress. Headway believes that survivors and carers deserve a fair share of national and local resources. We will continue to push the NSF up the political agenda through the appointment of a new campaign manager whose focus will be on securing progress at a local level.

particular, have to come to terms with living with the effects of their injury for the rest of the long lives they still have ahead of them.

Our prevention campaign during Brain Injury Awareness Week this year was aimed at young drivers. Those aged 15 to 29 are three times more likely to sustain a brain injury than any other group, with young men almost 10 times more likely to be killed or seriously injured. Some of the case studies featured in this review sustained their brain injury in this way and we will continue to campaign for measures to reduce these figures.

Brain injury does not tend to shorten the lives of those affected, so the number of people living with its effects is rising every year. Young brain-injured people, in

My work brings me into contact with some amazing people whose commitment and dedication to Headway is inspirational. Without our volunteers, members of staff and supporters we could not have made such progress. A huge thank you to all of them.



P. McCabe

Peter McCabe
Chief Executive Officer

Improving life after brain injury

We estimate that there are well over 500,000 people in the UK who are living with the long-term effects of brain injury and could use our help.

Our brain is the part of our body that defines us – what we think, what we do and who we are. Yet it can be damaged very easily. In 85 per cent of cases, brain injury is classed as mild, although there may be longer-term problems. But in around five per cent of cases, damage is severe and these people are likely to have complex, enduring problems and need long-term rehabilitation.

This can mean a long list of problems, including an inability to sit still or co-ordinate movement; to understand emotion, read facial expression or body language; to concentrate or listen. These effects mean brain injury survivors can be unable to work, maintain relationships or lead what constitutes 'normal' life. All this is not only difficult to come to terms with, but is often not fully understood by survivors themselves, let alone family or friends.

Our role

At Headway, our mission is to promote understanding of all aspects of brain injury and to help people affected, their families and carers to come to terms with the changes they are experiencing by providing information, support and

services. Each year, our 1,650 volunteers and 600 employed staff work with 7,500 survivors and well over 9,000 families and carers: a total of nearly 19,000 people around the UK.

With a well-established network of 112 Groups and Branches around the country, there is always a local Headway on the doorstep. Typically, Headway Branches focus on self-help and rely on volunteers. Headway Groups employ staff to provide a range of services, often including Headway Centres, of which there are 64, providing social rehabilitation and services such as art and drama therapy, to memory, numeracy and literacy skills.

Headway UK campaigns for measures that will reduce the number of brain injuries, lobbying for better support and resources to be made available by statutory health and social care providers. We produce a range of material about aspects of brain injury and provide support to local groups, helping to deliver high quality services through guidance on policies, procedures, standards and training.



Headway Swindon

To find your local Headway, call 0808 800 2244 or visit www.headway.org.uk

Case Study

Christiana Corp

Brain injury can affect anyone at any age. The stark reality is that every year hundreds of thousands of people sustain a brain injury of some sort. And because more people are now surviving their brain injury, the number of people living with the long-term effects is rising year on year. Of those, young people aged 15 to 29 are three times more likely to sustain a brain injury than any other group. Here, 20-year-old Christiana, tells her story ...

“I was 17 when the car in which I was travelling pulled out into the path of a coach, killing the driver and almost killing me. I was in a coma for thirteen weeks, spent five months in Bath Adolescent Unit and nine months at a rehabilitation centre.

“I have had to learn to walk, talk, go to the toilet and everything all over again – at 17 years old that’s a difficult thing to take. I have also had to overcome people treating me like a two-year-old.

“One of the sad things I have to face is the problem I have with my long-term memory. For example, I can’t remember going out with my ex-boyfriend, although I do remember his name, his face and even his phone number. To lose your memories, it’s like losing a piece of yourself.

“I am literally only now accepting my brain injury and that has been with the help of Headway. Having like-minded people, people who truly understand what I’m going through, has been a lifesaver. I have always been an out-going person and I still do go out with friends a lot, but it is not the same as being around those who, like myself, are brain injured or who work with brain injured people.

“Because I know there are people who understand, I don’t get down. With the help of Headway, I am looking forward now to what I can achieve. I have become a new person – Christiana – not Christina, which is my birth name. An extra A for acceptance, my acceptance of the new me!”

“ We regularly refer new clients to our local Headway, which provides vital emotional and social support, as well as practical advice. We also consult with Headway when recruiting new health professionals and are currently working with them to evaluate our services. ”

Mark Jayes,
Speech and
Language Therapist




*Christiana and
Mum, Jackie*

Case Study

Lisa-Marie Russell

Lisa-Marie's doctors told her parents that they had to make a decision whether or not to turn off her life support machine, as it was unlikely she would survive the brain injuries she had incurred as a result of her horrific car crash. Her mother and father refused point-blank. "She'll survive," they said. "She's a fighter". Two years later, aged 21, Lisa-Marie has amazed her doctors and is living proof her parents were right. She is now confidently looking forward to life ahead.



“I don't remember anything about the car accident I had in 2005. What I do know is that I was rushed to hospital for emergency surgery, and transferred to a life support unit. My parents were told it was most unlikely that I'd survive and, even if I did, that my brain injuries were so extreme, I would probably never walk or talk again. But three months after leaving hospital and having to have physiotherapy and speech therapy, I was walking and talking.

“I have vastly improved over time, and have been given tons of help

by the doctors and therapists at the hospital and the people at Headway, who have boosted my confidence and self esteem massively, improving my life no end. I attend Headway Cardiff where I am one of the young people involved with Head Start*. It was set up for young people with a brain injury and it's fantastic.

“Before my accident I had been so full of confidence but, after it, I lost all that. What Headway's Head Start does for me and other young people is tell us WE CAN. We can go walking, we can go swimming, we can go bowling, and we do things we enjoy and they organise them. It gives me a real boost of confidence and it makes me want to go on to do more positive things with my life. I say the hospital team saved my life. Now Headway is helping to turn my life around!”

* Head Start is a community based social reintegration programme for people aged between 17 and 30.

Case Study

Stephen McAleese

Stephen was a teenager when his life took a sudden and irrevocable change of course after meningitis left him with serious brain injury. He says it is thanks to his doctor and to Headway that life is now worth living.

“I had just turned 15 and was revising for GCSEs when I contracted meningitis. Within 24 hours I was rushed to hospital and, after surviving the illness, transferred to Hunters Moor Neurological Rehabilitation Centre. I spent months learning how to live again thanks to the skills of my doctor, Professor Mike Barnes, in whose debt I shall always remain.

“The illness stole a year of my life and left me with long-standing difficulties with co-ordination and balance, and weakness to my left side. I was still young with a long life ahead of me and I just couldn't see a future there for me.

“A vital turning point came when I found out about Headway. I realised I wasn't the only one living with a brain injury. It was a relief to meet people who deal with similar situations every day and know what it's like.

“Headway helped me rebuild my life and come to terms with my head injury and my confidence improved.

“I still have physical disabilities to face day in, day out but Headway has made me determined to lead as full a life as possible. I am now working with them as North West Representative on the Membership Committee and I enjoy raising the profile of the charity. There is a desperate need to make more people aware of how debilitating brain injury can be.

“I just want other people living with a brain injury to realise there is something out there and someone who understands.”

“Brain injury can leave survivors with wide-ranging problems which need long-term help. Headway plays a valuable role in that process, acting as a vital support to survivors, families and, indeed, the NHS.”

Professor Mike Barnes,
School of Neurology,
Newcastle University



“ The local Head Injury Social Worker and Headway’s Advocacy Officer work effectively together to enable individuals and their carers to come to terms with brain injury, as well as helping them make choices in how they lead their lives.”

David Stevenson,
Rotherham Metropolitan
Borough Council

Case Study

Hazel Crutchley

Hazel’s life took an alarming change of course when she was diagnosed with a brain tumour in 2000. Since then, she has undergone surgery and radiotherapy and has been left facing a life that is drastically different to the one she had before. Although she is learning to cope and looking forward to the rest of her life, she knows the journey will be a long one ...



“Richard and I met at university in 1992 and I proposed to him whilst we were 250 miles apart, on the phone. Luckily he said, ‘yes’, and we were married in 1995.

“For nearly five years, all went well. I worked as a primary school teacher and Richard worked in town planning and, apart from my occasional headaches and migraines, life was good. But in 2000 things took a drastic turn when it was discovered that I had a brain tumour. Our lives were turned upside down as I underwent surgery and radiotherapy.

“Life since then has been extremely hard. I have had to give up my work as a teacher and now have to try and fill my days as best I can. My sight is limited to peripheral vision,

which makes reading and watching the television difficult. I also have memory problems and find myself greeting everyone with the simple question, ‘do I know you?’

“Memory aids such as writing lists and using a diary are difficult because of my inability to read or write and I cannot learn new things, such as Braille, because of my memory. I feel very reliant on my husband and my parents to organise my life. I have lost my ability to do the job that I loved and I would dearly love to have my old life back.

“I have gradually learnt to occupy my days and I have been attending Headway in Swindon. It’s really important to me to meet new people with similar experiences and to learn to regain some confidence and self esteem. Headway, and the day hospice I attend, have been invaluable in doing this.

“I am happier and learning to cope, but the journey remains a long one. There may be sadness along the way, but I hope a lot more happiness.”

Case Study

Simon Turner

Every year, scores of people across the UK sustain a brain injury as a result of cycle accidents, leading to hospital admissions, rehabilitation and support from Headway. Here, father of two, Simon, tells how his life and that of his family, has been changed forever as a result of a near-death cycling accident.

“In an effort to get fit for my approaching 40th birthday, I started a regular regime of cycling in the evening. I didn't bother wearing a cycle helmet because I thought they looked stupid. On the evening of July 26 2006, I was riding as usual. I rang my wife at 6.30pm to say I was five minutes from home. That's the last thing I remember. I had blacked out for reasons unknown, fallen off my bike and smacked my head on the pavement.

“I had broken the base of my skull and sustained blood clots to either side of my head. Doctors operated on me to remove the blood clots by having my skull opened on either side of my head for the blood to be drained. I now have metal plates in my head. It was a long and difficult operation and my wife was informed that I might die and if I lived I might have severe brain damage.

“I have virtually lost the hearing in my right ear, I have tinnitus in both ears, I suffer greatly from fatigue and my head hurts all the time where they cut my skull open. I have no sense of smell or taste

and I have lost far too much weight as a result. I am having therapy for a newly acquired stutter and I am due to start a short course of, amongst other things, anger management. If I could change anything in my life it would be to go back to that day and put my cycle helmet on, because my life, and that of my family, has changed forever.

“The Wolfson Rehabilitation Centre in London has been very helpful in putting me on an assessment programme, basically to see what I can and can't do. They have ascertained that my brain is damaged on the right side, which affects my memory.

“Headway has also been very useful to me in providing support and information on brain injury, through its publications and magazine”.



Around the UK

Services throughout the Headway network are tailored according to the needs of local brain injury survivors and carers. Throughout the country, we offer a wide range of services, including rehabilitation programmes, carer support, social re-integration, community outreach and respite care. The services available will vary, depending on local needs and resources but all are focused on improving the quality of life and care pathway for survivors and carers.

A team of regional co-ordinators works alongside groups around the UK focusing on creating partnerships with healthcare professionals and a range of stakeholders. They liaise with statutory providers to develop local services, provide advice on charitable legislation, funding, recruitment and volunteers, as well as providing training in advocacy skills. All co-ordinators have been working extensively with groups on the implementation of minimum quality standards, as well as working with local NSF forums to ensure that brain injury remains high on the agenda with the implementation groups. Following a busy year, here are some examples of the many and varied achievements across the country.

In the south east, a successful campaign was waged in alliance with the Isle of Wight branch against the closure of the island's rehabilitation ward.

When a local rehabilitation unit in Yorkshire was threatened, we worked with other professional groups and stakeholders to ensure

that the interests of survivors, carers and families were taken into account. The unit's future is now assured.

The focus on integrated working with other neurological organisations in the regions has resulted in the establishment of a South Tees, North Yorkshire, and South Durham Neurological Alliance, with plans in place for the same to be set up in Northumberland and Tyne & Wear.

Involvement in the Service Mapping and Care Pathway exercise being carried out by the Northern Acquired Brain Injury Forum will enable groups in the north east to provide clear guidance on available services for people whose lives have been affected by brain injury.

In the north east, two new branches were created in North Northumberland and Gateshead, bringing information and support closer to local brain injury survivors.

A thriving service is now available in rural South Lanarkshire, a landmass scattered with a large number of tiny communities. In

Glasgow, a full-time project co-ordinator and administrator means that, for the first time, the service can meet more of the needs of the brain-injured population in the city.

In the south west, links are being established with the Neurological Conditions group and Mental Capacity Act groups to map provision and gaps in services for survivors in the region. Working with neurological specialists and a number of stakeholders in related disease areas at the Royal Cornwall Hospital, Headway is playing a central role in reviewing best practice and co-ordinating the development of care pathways for neurological conditions. Once complete, it is hoped this template can be rolled out to other PCTs in the region.

The appointment of a part-time co-ordinator in East London and the establishment of a drop-in service in North West London means better support for survivors in these areas. A team of volunteers has been recruited to facilitate Headway South West London's support group meetings, meaning they can offer more activities and excursions to the group of survivors who attend.

Training

Training is a key element of Headway's mission to promote understanding of all aspects of the complex subject of brain injury. With such breadth of experience, we are able to deliver our own tailored courses to staff, volunteers, carers and people living with a brain injury, as well as to professionals in the fields of health, social care and law.

Our range of courses has grown over the past year and is based on the training manager's clinical practice as a therapist providing direct services to people living with brain injuries and their families.

Over the past year, training has been delivered to 54 different organisations, including Headway Groups and Branches, rehabilitation centres, local authorities and primary care trusts.

Understanding brain injury, the groundbreaking *Sex and sexuality after brain injury* workshop and *Challenging behaviour following brain injury* are some of the courses that are also available to

external organisations. We are also furthering plans to influence key providers of health and social care by working with the University of Northampton to create an accredited certificate in brain injury studies that will provide a foundation in brain injury training, recognised by the National Qualification Framework and mapped to National Occupational Standards.

A new initiative is a course entitled *Training for trainers*, which is designed to strengthen practice in Headway staff who are responsible for delivering training to colleagues and volunteers, helping them to plan, prepare and evaluate teaching activities.

Attendance at Headway courses during 2006

Headway groups - 32%	●
Social services - 29%	●
Brain injury survivors - 9%	●
Carers - 11%	●
Solicitors - 1%	●
Case managers & support staff - 7%	●
Other professionals - 10%	●
Unknown - 1%	●



“ *The course content was very relevant to the work of our Physical Disability Team. The course leader was very knowledgeable, answering a wide variety of questions and providing the team with a better understanding of brain injury. As a result, they are working more effectively with brain injury survivors. If we have a further need for training in this area, we will definitely use Headway again.* ”

Heidi De Wolf,
Training & Development
Officer, Lincolnshire
County Council

Headway's range of courses

- Assertiveness skills
- Basic counselling skills
- Basic helpline skills
- Challenging behaviour following brain injury
- Cognitive rehabilitation issues
- Further counselling skills
- Managing anger
- Managing stress
- Sex and sexuality following brain injury
- Solution focused brief therapy
- Substance misuse and brain injury
- Training for trainers
- Understanding brain injury

Helpline

The Headway UK Helpline provides a free, confidential service, offering information on all aspects of acquired brain injury including symptoms, rehabilitation and practical problems, advising on sources of support, signposting to professionals, local rehabilitation services and Headway groups, as well as offering a listening ear.

Headway's Helpline consultants take thousands of enquiries by phone, email, letter and the new online enquiry form launched in November 2006. They are skilled in advising on all aspects of brain injury and have a sound knowledge of health and disability issues affecting survivors, families and carers.

They regularly attend courses run by Headway training services and other providers to ensure this knowledge is kept up to date and maintain strong links with the healthcare professionals advisory panel to keep up with clinical and medical developments. They are trained in call handling skills by the Telephone Helplines Association.

The Helpline acts as a central point of contact, from which we signpost callers to our national network. In 2006, 40 per cent of all callers were referred to Groups and Branches around the UK.

A questionnaire is sent to all callers who receive an information pack, with 97 per cent of those

who respond rating the Helpline excellent or good.

Enquiries come from a variety of sources but the great majority are from people directly affected by brain injury. The majority of calls are from survivors of a traumatic brain injury (TBI), although other acquired brain injuries (ABIs) make up a significant proportion.

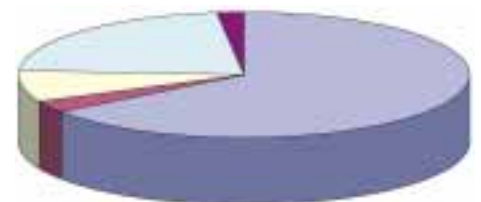
Of all the causes of brain injury, road traffic accidents (RTAs) make up by far the largest group, accounting for 32 per cent of calls.

Falls are the next most common cause of injury at over 12 per cent, followed by assaults at over eight per cent.

Of the ABIs, haemorrhage was the most common cause, closely followed by stroke and hypoxic/anoxic injuries.

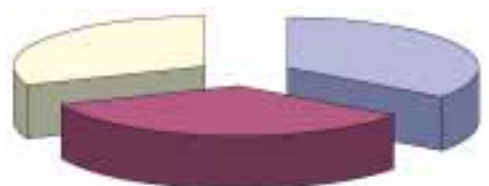
Of the majority of questions which focus on brain injury itself, most callers are keen to know about the cognitive effects and the psychological impact of their injury. Practical issues are also of importance, with most people's concerns centering on treatment, rehabilitation and the impact on social life, which can often be underestimated.

Calls by source



- Affected by brain injury - 65%
- Not directly affected - 3%
- Organisations - 8%
- Professional interest - 22%
- Rehabilitation sector - 2%

Calls by subject



- Brain injury and medical - 35%
- Headway services - 34%
- Practical issues - 31%

Trustees' Statement & List

The following people served as Trustees of Headway – the brain injury association during 2006:

Gerald Batten (Chair)

Michael Attenborough
(Deputy Chair)

Evelyn Vincent (Vice Chair)

Julie Bridgewater
(appointed 9 July 2006)

John Cahill
Dr June Gilchrist
Andrew Green
(retired 9 July 2006)

Andrew Harding

Norman Keen

Rev Abraham Lawrence

Michael McMath

Jonathan Peacock

Colin Reeves CBE

Allistair Renton

Auditor's Statement

We have examined the summarised financial statements set out in these pages which are non-statutory accounts prepared for the purpose of inclusion in the charity's annual review.

This report is made solely to the Trustees of Headway – the brain injury association as a body, in accordance with 'Accounting and Reporting by Charities: Statement of Recommended Practice' (SORP 2005). Our audit work has been undertaken so that we might state to the Trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Headway – the brain injury association and the Trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of Trustees and auditor

You are responsible as Trustees and directors for the preparation of the summarised financial statements in accordance with the recommendations of 'Accounting and Reporting by Charities: Statement of Recommended Practice'.

Our responsibility is to report to you our opinion on the consistency of the summarised financial statements within the annual review with the full financial statements, on which we reported on 15 June 2007. We also read the other information contained in the annual review and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the summarised financial statements

Basis of opinion

We have carried out our work in accordance with Bulletin 1999/6 'The auditors statement on the summary financial statement' issued by the Auditing Practices Board.

Opinion

In our opinion the summarised financial statements are consistent with the full financial statements and trustees' annual report of Headway – the brain injury association for the year ended 31 December 2006.

Tenon Audit Limited
Chartered Accountants and
Registered Auditor
15 June 2007

The financial information set out in this report does not constitute the Charity's statutory accounts for the years ended 31 December 2005 or 31 December 2006, but is derived from those accounts. These summarised accounts may not contain sufficient information to allow a full understanding of the financial affairs of the Charity. For further information, the full accounts for the year ended 31 December 2006, the unqualified auditor's report on those accounts and the Trustees' report should be consulted. Copies of these can be obtained from: Headway – the brain injury association, 4 King Edward Court, King Edward Street, Nottingham NG1 1EW. Statutory accounts for the year ended 31 December 2005 have been delivered to the Registrar of Companies and those for the year ended 31 December 2006 were approved on 22 March 2007 and will be delivered to the Registrar and Charity Commission in due course. The auditor has reported on those accounts: their reports were unqualified and did not contain statements under section 237 (2) or (3) of the Companies Act 1985.

Gerald Batten Chairman

For and on behalf of the Trustees
22 March 2007

Statement of Financial activities for year ended 31 December 2006

	UNRESTRICTED FUNDS	RESTRICTED FUNDS	DESIGNATED FUNDS	2006 TOTAL	2005 TOTAL
	£	£	£	£	£
Incoming resources					
Income from generated funds					
Voluntary Income					
Memberships	42,881	-	-	42,881	31,955
Donations and Gifts	365,243	52,751	-	417,994	444,370
Grants	-	463,952	1,762	465,714	335,775
Legacies	37,440	-	-	37,440	37,733
Other generated funds					
Shops and Merchandising	193,263	-	-	193,263	154,228
Events and Conferences	145,279	-	-	145,279	137,268
Income from Charitable activities					
Training	34,745	-	-	34,745	14,280
Services to Groups and Branches	30,897	-	-	30,897	27,946
Publications and Awareness	274,049	-	-	274,049	260,333
Investment Income	27,062	3,852	-	30,914	26,831
Total incoming resources	1,150,859	520,555	1,762	1,673,176	1,470,719
Resources expended					
Costs of generating funds					
Fundraising costs of Grants and Donations	215,434	14,073	-	229,507	216,551
Shops and Merchandising	142,479	-	-	142,479	136,079
Events and Conferences	105,053	-	-	105,053	94,131
Charitable activities costs					
Services to Groups and Branches	307,138	481,141	776	789,055	646,132
Grants distributed	710	9,521	4,105	14,336	23,443
Publications and Awareness	239,742	58,767	298,509	257,569	
Governance costs	33,637	-	-	33,637	37,161
Total resources expended	1,044,193	563,502	4,881	1,612,576	1,411,066
Net incoming resources before investment losses	106,666	(42,947)	(3,119)	60,600	59,653
Investment losses	(11,953)	-	-	(11,953)	(25,193)
Net movement in funds	94,713	(42,947)	(3,119)	48,647	34,460
Total funds at 1 January 2006	545,690	482,257	71,354	1,099,301	1,064,841
Total funds at 31 December 2006	640,403	439,310	68,235	1,147,948	1,099,301

Balance Sheet at 31 December 2006

	2006		2005	
	£	£	£	£
Fixed assets				
Tangible assets		60,743		48,616
Investments		5,127		17,080
		65,870		65,696
Current assets				
Stocks	13,723		14,598	
Debtors	113,095		204,597	
Cash at bank on deposit and in hand	1,070,287		943,447	
	1,197,105		1,162,642	
Creditors: amounts falling due within one year	(115,027)		(129,037)	
Net current assets		1,082,078	260,909	1,033,605
Net assets		1,147,948	221,348	1,099,301
Restricted funds				
- Branches	259,243		71,354	
- Other	180,067		545,690	
		439,310		482,257
Unrestricted funds				
- Designated	68,235			
- Other	640,403			
		708,638		617,044
Total funds		1,147,948		1,099,301

Headway UK is supported by:



SCOTTISH EXECUTIVE

Fundraising

Over the past year, thanks to the generosity of all our supporters and volunteers, Headway has raised a total of £1.3m to support brain injury survivors, their carers and families.



Peter McCabe, Chief Executive, and employees of Gerrard Investment Management painting Headway's London office

“ Brain injury can have catastrophic consequences, leaving survivors with feelings of loss and loneliness. Headway provides support and advice that helps them to come to terms with their changed lifestyles and to see how they can achieve their goals. ”

Sandra Horton,
Centre Manager,
The Nottingham
Neurodisability Service

Corporate partnerships

Our corporate partners have once again supported Headway in a range of ways from in-kind support to employee fundraising and sponsorship of key Headway events.

We were delighted that Clarkson, Wright & Jakes Solicitors agreed to take up the Headway Baton Charity of the Year Challenge in 2006. Employees of the firm raised a fantastic £20,000 to support people with brain injuries, the finale of which was a sumptuous ball at Leeds Castle in Kent.

“Everyone at the firm played their part in the fundraising and having a common focus helped to bring us together. I have some great memories – we had a lot of fun doing things we would never otherwise have dreamt of and Headway gave us the perfect opportunity”

David Greenhalgh, Partner,
Clarkson, Wright & Jakes

Gerrard Investment Management were once again generous supporters of Headway's Awards

Luncheon and Annual Conference and staff also found the time to join Headway's Chief Executive in painting Headway's London office.

Long standing partners, Irwin Mitchell, sponsored a range of activities including The Way Ahead Conference at Warwick University which saw brain injury survivors, carers, volunteers and staff from local Headway groups come together to discuss key issues and share experiences and knowledge.

Community fundraising

In 2006, 400 people raised £132,000 for Headway by taking part in a wide range of sponsored challenges.

Our supporters have jumped out of planes with the Red Devils, undergone weeks of rigorous training to take part in the London Marathon, cycled and trekked round the world and participated in swims, walks, climbs, cycle rides and golf days in the UK.

Awards luncheon

In December, Headway hosted its Annual Awards Luncheon at the

Lamara Thompson, volunteer at Headway's Eastwood charity shop



Dorchester Hotel in London. Over 300 guests gathered to celebrate the achievements of brain injury survivors, and the carers and volunteers working with them. Eric Knowles of Antiques Roadshow fame presented the awards to the winners and gave a sterling performance as our auctioneer for the day, selling a range of auction items from a weekend hire of the new Jaguar XK8 to tea for two at Claridges.

Volunteers

In addition to cash raised, Headway's fundraising efforts were supported by a team of 150 volunteers who donated more than 800 hours of their time to make our fundraising a success. Volunteers worked as marshals at our outdoor events, in our charity shops and on specific projects at the Nottingham office.

A big thank you to everyone who has provided funds and supported us during the year. You have helped us to make a real difference to people with a brain injury.

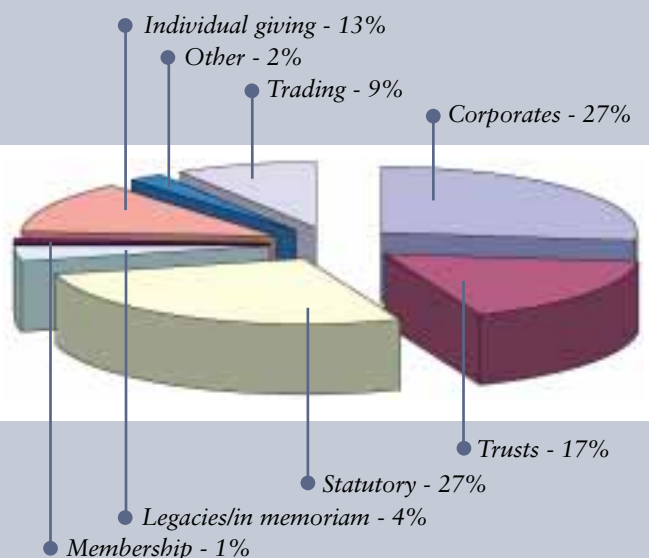
Skydiving with the Red Devils



Please donate to Headway today

You can make a credit card donation by contacting us on: **0845 0570 330** or via our website: www.headway.org.uk

How we raise our money



To find your local Headway,
call 0808 800 2244



Scotland

- Ayrshire
- Brain Injury Grampian Group
- Dumfries & Galloway
- East Lothian
- Edinburgh
- Fife
- Forth Valley
- Glasgow
- Highland
- Inverclyde
- Monklands
- Motherwell
- Perth & Kinross
- South Lanarkshire
- Tayside

West Midlands

- Birmingham
- Black Country
- Coventry & Warwickshire
- Herefordshire
- Mid Staffordshire
- North Staffs
- North Worcestershire
- Shropshire
- West Midlands
- Worcester Trust Ltd.

Yorkshire & The Humber

- Barnsley
- Bradford
- Doncaster
- Huddersfield
- Hull & East Riding
- Leeds
- Rotherham
- Scunthorpe
- Sheffield
- Wakefield
- Second Chance

Wales

- Bridgend & District
- Cardiff
- Gwynedd
- North Wales
- Pembrokeshire
- Swansea
- Ynys Mon

North West

- Blackburn with Darwen
- Burnley & Pendle
- Cumbria
- Greater Manchester
- Halton
- Lancaster & District
- North Cumbria
- Preston
- Salford & District
- South Manchester & Stockport
- Warrington
- Wirral

South West

- Bath & District
- Bristol
- Cornwall
- Cotswold Trust
- Devon
- Dorset
- North Devon
- Plymouth
- Salisbury & District
- Somerset
- Swindon & District

East Midlands

- Chesterfield
- Derby
- East Northants
- Leicestershire, Leicester & Rutland
- Lincolnshire
- Northampton
- Nottingham

North East

- Gateshead
- North Northumberland
- Teesside

South East

- Aylesbury Vale
- Basingstoke
- East Kent
- Hurstwood Park
- Isle of Wight
- Milton Keynes
- Oxford
- Portsmouth & SE Hants
- Southampton
- South Bucks
- Surrey
- Thames Valley
- Tunbridge Wells
- West Sussex

Greater London

- East London
- North London
- North West London
- SE London/NW Kent
- South West London
- West London

Eastern

- Bedford
- Cambridgeshire
- Essex
- Ipswich & East Suffolk
- Norfolk & Waveney
- North Herts & Stevenage
- Norwich
- Romford
- South Bedfordshire
- West Suffolk

Northern Ireland

- Ballymena
- Belfast
- Ennisrone
- Foyle
- Southern Region

Channel Islands

- Guernsey
- Jersey

or visit www.headway.org.uk

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